



Ready to explore treatments? Here's your discussion guide.

These questions can help you get the conversation started so you can take the next step forward in your fertility journey.

- What are my best treatment options?
- Can you tell me about your clinic's success rates for the different options you provide?
- Based on my test results/pre-existing conditions, do you see any problems for certain treatment options?
- What lifestyle factors may impact the success of my treatment options?
- What can I expect the treatment process to be like?
- What impacts can I expect treatment to have on my day-to-day life?
- How should I prepare for my treatment?
- Will my insurance pay for treatment? If not, how much will it cost?
- Do you offer financial options for treatment, or a coordinator to walk me through cost and coverage?



Already started treatment? Here's your discussion guide.

These questions can help you talk to your fertility specialist about taking the next step in your fertility journey.

- Would you recommend trying my current treatment again or making any changes to my treatment plan?
- What are my other treatment options?
- What can I expect this new treatment process to be like?
- What impacts can I expect this new treatment to have on my day-to-day life?
- Will I need additional testing? If so, can you walk me through which tests I'll need?
- Will I need additional medication? If so, can you walk me through which medication I'll need?
- How much will this additional testing and/or treatment cost?
- Will this additional testing and/or treatment be covered by my insurance?
- Do you offer financial options for treatment/testing, or a coordinator to walk me through cost and coverage?

